

Congregate MAY Menu 2026

Name: _____ Date: _____

Menu Subject to Change Based on Product Availability and Quality Standards

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
				Tangerine Chicken – 4oz Shrimp Fried Rice – 4 oz Winter Blend Veggies – 4 oz Pineapple Tidbits – 4oz Flatbread Margarine Milk
4	5	6	7	8
Beef Tacos w/HM Pico – 2ea Corn & Black Beans – 4oz Diced Peaches – 4oz Soft Tortilla – 2 Margarine Milk 	Breaded Chicken Sandwich Diced Potatoes – 4oz Vegetable Blend – 4oz Applesauce – 4oz Wheat Bun Margarine 100% Fruit Juice 	Chinese Pepper Steak – 4oz Brown Rice – 3oz Sicilian Veggie Blend – 4oz Succotash – 4oz Fruit Cocktail – 4oz Wheat Roll Margarine Milk	Pub Burger w/Cheese Leaf Lettuce & Sliced Tomato Ranch Potato Wedges Cole Slaw – 4oz Fruit Salad – 4oz Whole Wheat Bun Margarine 100% Fruit Juice	Baked Herb Pork Chop Green Bean Casserole – 4oz Sweet Corn – 4oz Mixed Fruit Cup Potato Roll Margarine Milk
11	12	13	14	15
Ravioli w/Beef & Sauce Roasted Brussel Sprouts – 4oz Steamed Cauliflower – 4oz Fresh Pear Potato Roll Margarine Milk	Maple-Glazed Chicken w/Roasted Sweet Potatoes & Broccoli Blend Baby Carrots – 4oz Mandarin Oranges – 4oz Garlic Bread & Margarine 100% Fruit Juice	HM Beef Chili – 8oz Chuck Wagon Blend – 4oz Italian Veggies – 4oz Peaches – 4oz Corn Muffin Margarine Milk 	Chicken & Penne Alfredo – 8oz French Cut Green Beans – 4oz Diced Carrots – 4oz Fresh Apple Crunchy Breadsticks Birthday Cake 100% Fruit Juice 	Salisbury Steak w/Gravy Mashed Potatoes – 4oz Mixed Greens – 4oz Fruit Salad – 4oz Corn Bread Margarine Milk
18	19	20	21	22
Citrus Teriyaki Salmon Bowl Lo Mein Noodles Onions, Peppers, Pineapples Broccoli Florets – 4oz Fresh Orange Crunchy Bread Stick Margarine Milk	Chef Salad w/Egg & Tomatoes Ham, Turkey & Cheese – 3oz Cole Slaw – 4oz Fruit Salad – 4oz Flatbread Dressing 100% Fruit Juice	Chef's Choice 	Turkey Burger w/Cheese Potato Wedges Key West Veggie Blend Cantaloupe Chunks WG Bun Ketchup & Mustard Cookie of the Month 100% Fruit Juice 	Lunch & Learn  RSVP 810-658-1566 MENU TBA
25	26	27	28	29
CLOSED Memorial Day! 	BBQ Chicken Wings – 3 Southern Green Beans – 4oz Diced Carrots – 4oz Mango & Papaya Corn Bread Margarine 100% Fruit Juice	HM Sloppy Joes – 3oz Cauliflower – 4oz Fresh Apple WG Bun Margarine Milk	Meatloaf w/Gravy Mashed Potatoes – 4oz Sweet Peas – 4oz Cinnamon Applesauce Wheat Roll Margarine 100% Fruit Juice	Chicken Caesar Wrap Romaine Lettuce Cucumber Slices Fruit Cocktail Tortilla Shell Caesar Salad Dressing Milk 

You need to call the senior center the day before by 12:30 pm to schedule for lunch @ 810-658-1566