

Congregate JUNE Menu 2026

Menu Subject to Change Based on Product Availability and Quality Standards

Name: _____ Date: _____

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 HM Goulash Spinach Baby Carrots Fresh Golden Apple Corn Bread Margarine Milk 	2 Chicken Tenderloins Creamy Cavatappi Pasta French-Style Green Beans Steamed Corn Fresh Orange Potato Roll & Margarine 100% Fruit Juice	3 Philly Steak w/Cheese Diced Potatoes Normandy Blend Veggies Tropical Fruit Salad Wheat Sub Bun Margarine Milk	4 BBQ Chicken Thighs Baked Beans Potato Salad Applesauce Corn Muffin Margarine 100% Fruit Juice 	5 Oven Fried Fish Au Gratin Potatoes Cole Slaw Diced Peaches Hawaiian Roll Margarine & Tartar Sauce Milk
8 Italian Sub w/Salami, Ham, Red Onion, Banana Peppers Pasta Salad Pineapple Chunks Sub Bun Italian Dressing Pkt. Milk	9 Chicken Tacos w/HM Pico Mexican Rice Fiesta Corn Sliced Peaches Tortilla Shells (2) Taco Sauce 100% Fruit Juice	10 Country Style Chicken Mashed Potatoes Italian Green Beans Pear Cup Potato Roll Margarine Milk	11 Cheese Ravioli w/Cream Sauce, Shrimp & Spinach Veggies Blend Roasted Veggies Fresh Orange Potato Roll Margarine 100% Fruit Juice	12 Creole Steak Glazed Carrots Sweet Peas Fresh Apple Garlic Roll Margarine Milk
15 Breaded Chicken Breast Diced Potatoes Cauliflower Applesauce Dinner Roll Margarine Milk	16 Boneless BBQ Rib Cole Slaw Riviera Blend Veggies Pineapple Tidbits Sliced Sub Bun Margarine 100% Fruit Juice 	17 Grilled Chicken Salad Romaine, Tomatoes, Cheese Cucumber Slices w/Dip Mandarin Oranges Crunchy Bread Sticks Salad Dressing Milk	18 Sweet & Sour Meatballs w/Stir Fry Veggies Brown Rice Peas & Carrots Mixed Fruit Cup Potato Roll w/Margarine 100% Fruit Juice	19 CLOSED 
22 BBQ Pulled Pork Sliders Crinkle Cut Carrots Green Beans Diced Peaches WG Slider Buns (2) Margarine Milk	23 Sloppy Joes Potato Bites Veggie Blend Applesauce WG Bun Margarine 100% Fruit Juice	24 HM Beef & Broccoli over Lo Mein Noodles Oriental Veggie Blend Pineapple Cup Flatbread Milk 	25 HM Spanish Rice w/Beef Broccoli Florets Sweet Corn Fresh Pear Birthday Brownie Potato Roll Margarine 100% Fruit Juice	26 White Cheddar Mac & Cheese Zucchini & Tomatoes Mixed Greens Pineapple Tidbits Corn Muffin Margarine Milk 
29 Cheeseburger Ranch Potato Wedges Veggie Blend Fresh Apple WG Bun Margarine Milk 	30 Smothered Pork Chop Green Bean Casserole Corn Mixed Fruit Cup Potato Roll Margarine 100% Fruit Juice			 

You need to call the senior center the day before by 12:30 pm to schedule for lunch @ 810-658-1566