

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
3	4	5	6	7
HM Sloppy Joes-3oz. Veggie Blend-4oz. Broccoli Florets-4oz. Golden Apple WG Bun Margarine Milk	HM White Chicken Chili-8oz. Whole Kernel Corn-4oz. Pear Cup Mini Muffin Margarine 100% Fruit Juice 	Turkey Burger w/Cheese Leaf Lettuce/Sliced Tomato Potato Salad-4oz. Peas & Carrots-4oz. Fruit Salad Whole Wheat Bun Mayo & Mustard Milk	Sweet & Sour Pork Loin Rosemary Potatoes-4oz. California Blend-4oz. Applesauce Dinner Roll Margarine 100% Fruit Juice	Chef G's Choice 
10	11	12	13	14
Cheese Ravioli w/Meat Sauce Cauliflower-4oz. Diced Carrots-4oz. Potato Roll Margarine Milk	HM Beef Stew-6oz. w/Stewed Veggies Green Beans-4oz. Warm Peaches-4oz. Biscuit 100% Fruit Juice	Chicken Parm Sandwich Potato Wedges-4oz. Mixed Veggies-4oz. Diced Pears-4oz. WG Bun Margarine Milk 	Potato Soup w/Ham & Bacon-8oz. Sweet Corn-4oz. Fresh Orange Corn Muffin Margarine 100% Fruit Juice Cookie of the Month	Valentine's Day! Citrus Glazed Salmon Pineapple Brown Rice-4oz. Veggie Blend-4oz. Mixed Fruit Salad-4oz. Hawaiian Roll Margarine Milk 
17	18	19	20	21
CLOSED 	Meatloaf w/Gravy Redskin Mashed potatoes-4oz. Sweet Green Peas-4oz. Fresh Apple Multi-Grain Roll Margarine 100% Fruit Juice	Tangerine Chicken in Stir Fry Veggies-6oz. Brown Rice-4oz. Crinkle Cut Carrots-4oz. Diced Pineapples-4oz. Potato Roll Margarine Milk	Baked BBQ Chicken Thighs Loaded Potato Salad-4oz. Southern Green Beans-4oz. Fresh Orange Whole Wheat Roll Margarine 100% Fruit Juice Birthday Cake	HM Artisan Mac & Cheese-8oz. Stewed Tomatoes-4oz. Steamed Broccoli-4oz. Diced Pears-4oz. Potato Roll Margarine Milk 
24	25	26	27	28
Breaded Chicken Sandwich Diced Potatoes-4oz. Winter Blend Veggies-4oz. Apricots-4oz. Wheat Bun Margarine Milk	Chef Salad w/Turkey, Cheese & Eggs-3oz. Romaine Lettuce-4oz. Fresh Broccoli Florets-4oz. Fruit Cocktail-4oz. Flatbread Half 100% Fruit Juice 	HM Goulash-8oz. Spinach-4oz. Baby Carrots-4oz. Fresh Apple Corn Bread Margarine Milk	Chicken & Sausage Jambalaya w/Brown Rice Green Beans-4oz. Corn Bake-2oz. Diced Peaches-4oz. 100% Fruit Juice	Turkey Tetrazzini-8oz. Chuck Wagon Veggies-4oz. Key West Veggies-4oz. Strawberry Applesauce Potato Roll Milk

You need to call the senior center the day before by 12:30 pm to schedule for lunch @ 810-658-1566