

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 2 3				
		CLOSED 	Sweet & Sour Meatballs Brown Rice Green Beans Pineapple Tidbits Flatbread Margarine 100% Fruit Juice	BBQ Chicken Tenders Spinach Yams & Apples Fresh Orange Whole Wheat Roll Margarine Milk
6 7 8 9 10				
Pork Chops w/Mushrooms Mashed Potatoes Italian Green Beans Fresh Apple Sliced Wheat Bread Margarine Milk	HM Chili Whole Kernel Corn Cauliflower Fresh Pear Buttermilk Biscuit w/Honey Margarine 100% Fruit Juice	Open-Face Pot Roast Redskin Mashed Potatoes Sweet Peas Diced Peaches Texas Toast Half Margarine Milk	Chicken Caesar Wrap w/Romaine & Parmesan Cucumber Slices w/Dip Fruit Cocktail Tortilla Wrap 100% Fruit Juice	Country Style Chicken w/Gravy Chopped Broccoli Glazed Carrots Mixed Fruit Potato Roll Margarine Milk
13 14 15 16 17				
Ham, Bacon Frittata w/Cheese, Peppers & Onions Roasted Redskin Potatoes Warm Cinnamon Apples Mini Muffin Milk	HM Creamy Tortellini & Sausage Soup Veggie Blend Lima Beans Applesauce Corn Muffin w/Margarine 100% Fruit Juice	Roasted Chicken Breast Roasted Potatoes Italian Veggie Blend Fresh Pear Hawaiian Roll Margarine Milk	Creole Steak European Veggies Sliced Beets Golden Delicious Apple Potato Roll w/Margarine Cookie of the Month 100% Fruit Juice	Crispy Fish Taco w/Fresh Corn Salsa Au gratin Potatoes Cole Slaw Pineapples Tortilla Shell Milk 
20 21 22 23 24				
CLOSED 	HM Sloppy Joes Garden Pasta Veggie Blend Broccoli Florets Apple WG Bun Margarine 100% Fruit Juice	Chef's Choice 	HM Liver & Onions w/Gravy Mashed Potatoes Sweet Peas Applesauce Birthday Cake Biscuit w/Margarine 100% Fruit Juice	HM Artisan Mac & Cheese French Cut Green Beans Sliced Carrots Mandarin Oranges Wheat Roll Margarine Milk
27 28 29 30 31				
HM Goulash Spinach Fried Corn Fresh Orange Margarine Milk 	HM Chicken Salad Fresh HM Cucumber Salad Fresh Broccoli Bites w/Dip Diced Pears Croissant 100%Fruit Juice	Chicken Cacciatore Spaghetti Mixed Greens Golden Apple Corn Bake Margarine Milk	HM Beef Pot Pie w/Stewed Veggies Green Beans Warm Peaches Biscuit 100% Fruit Juice 	Pub Burger w/Cheese Potato Wedges Veggie Blend Diced Pears Multi-Grain Bun Ketchup & Mustard Milk 

You need to call the senior center the day before by 12:30 pm to schedule for lunch @ 810-658-1566