

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
CLOSED 	Oven Fried Chicken Potato Salad Southern Green Beans Pineapple Tidbits Hawaiian Roll 100% Fruit Juice	<i>Congregate Style</i> Pork Chop w/Gravy-3oz. Mashed Sweet Potatoes-4oz. Steamed Cauliflower-4oz. Fresh Orange-1 ct. Corn Bread-1 ct. Margarine-1 ct. Milk	Peppered Beef Steak w/Gravy Roasted Potatoes Chopped Broccoli Mango & Papaya Fruit Mix Potato Roll Margarine 100% Fruit Juice	Creamy Turkey & Wild Rice Soup Sliced Potatoes w/Peppers Sweet Peas Applesauce Cup Wheat Roll Margarine Milk
9	10	11	12	13
Pulled BBQ Sandwich Baked Beans Green Beans Diced Pears Whole Grain Bun Milk	HM White Chicken Chili Steamed Baby Carrots Mixed Fruit Salad Corn Bake Margarine 100% Fruit Juice	Pub Burger w/Cheese Cauliflower Florets Mixed Veggies Fresh Apple Whole Wheat Bun Milk	Chicken Breast Sliced Marinated Beets Far East Veggie Blend HM Birthday Cake Dinner Roll Margarine 100% Fruit Juice 	Baked Fish w/Sauce Tuscan Asiago Veggies Blend Sweet Peas Strawberry Applesauce Dinner Roll Margarine Milk
16	17	18	19	20
Beef Fajitas Spanish Rice Sweet Corn w/Peppers Fresh Apple Soft Tortilla Shells Margarine Milk	<i>Congregate Style</i> Sloppy Joe-3 oz. Diced Potatoes-4 oz. Lima Beans-4 oz. Golden Apple-1 ct. Wheat Bun-1 ct. Margarine-1 ct. 100% Fruit Juice	Chicken & Dumplings w/Stewed Veggies Cut Green Beans Peaches Potato Roll Margarine Milk	Antipasto Salad w/Cheese, Salami, Pepperoni, Olives Cherry Tomatoes Fresh Snap Peas Fresh Fruit & Cookie of the Month Flatbread 100% Fruit Juice 	Chicken Marsala over Rice Pilaf Chopped Spinach Glazed Carrots Fruit Cocktail WG Roll Margarine Milk
23	24	25	26	27
Chicken Parmesan w/Spaghetti Veggie Blend Warm Peaches Garlic Roll Margarine Milk	Turkey Tetrazzini Winter Blend Veggies Crinkle Cut Carrots Applesauce Corn Muffin Margarine 100% Fruit Juice	Chef's Choice 	Sweet & Sour Chicken Brown Rice Peas & Carrots Mixed Fruit Cup Fortune Cookie Potato Roll Margarine 100% Fruit Juice 	Artisan Macaroni & Cheese Zucchini & Tomatoes Steamed Broccoli Mixed Fruit Corn Muffin Margarine Milk
30				
Meatball Sub Potato Wedges Veggie Blend Fresh Apple WW Sub Bun Milk				

You need to call the senior center the day before by 12:30 pm to schedule for lunch @ 810-658-1566