Menu Subject to Change Based on Product Availability a	·	gregate July Menu 2024	Name:	Date:
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Pub Burger w/Cheese Potato Salad Veggie Blend Fruit Salad WW Bun, Mustard, Mayo Lettuce, Tomato Milk	Ravioli w/Chicken Sauce Steamed Broccoli Roasted Veggies Fruit Cocktail Garlic Roll Margarine 100% Fruit Juice	Polish Sausage Battered Potatoes Sliced Carrots Strawberry Applesauce WG Hotdog Bun Mustard & Margarine Milk	CLOSED	CLOSED
8	9	10	Congregate Style 11	12
Meatball Sub w/Cheese Diced Potatoes Sweet Peas Fruit Cup Sub Bun Margarine Milk	Chef Salad w/Romaine Turkey, Eggs & Cheese Carrot Sticks Diced Pears Wheat Roll Salad Dressing 100% Fruit Juice	Tangerine Chicken w/Rice Green Beans Diced Carrots Applesauce Hawaiian Roll Fortune Cookie Milk	Stuffed Peppers Sliced Beets Cauliflower Pineapple Tidbits WW Roll Margarine 100% Fruit Juice	Chinese Pepper Steak w/Rice Succotash Mixed Fruit Cup Potato Roll Margarine Milk
15	16	17	18	19
Honey Glazed Chicken Breast Rice Pilaf Lima Beans Fresh Apple Corn Muffin Margarine Milk	Turkey Tetrazzini Riviera Blend Veggies Steamed Broccoli Pineapples Dinner Roll Margarine 100% Fruit Juice	Chef's Choice	Turkey & Cheese Sub Fresh Snap Peas Fresh Cauliflower Fresh Pear & Birthday Cake WG Bun Mayo, Mustard, Veggie Dip 100% Fruit Juice	Mac & Cheese French Cut Green Beans Corn Fresh Banana Potato Roll Margarine Milk
HM Chicken Salad Sandwich Grape Tomatoes 3 Bean Salad Fruit Cocktail Sliced Croissant Milk	Congregate Style 23  BBQ Pulled Pork Cole Slaw Baked Beans Peaches Wheat Bun 100% Fruit Juice	Fiesta Lime Chicken Rice Roasted Corn & Black Beans Peaches Flatbread Margarine Milk	Philly Chicken w/Cheese Diced Potatoes Normandy Blend Veggies Tropical Fruit Salad Wheat Sub Bun Margarine Cookie of the Month 100% Fruit Juice	Oven Fried Fish Baked Mac & Cheese Tomatoes & Zucchini Diced Peaches Dinner Roll Margarine Milk
HM Deluxe Fried Rice w/Beef,	Steak Fajitas	BBQ Chicken Legs		
Chicken, Ham, Peas & Carrots Steamed Broccoli Fresh Orange Breadsticks	Spanish Rice Black Beans Mandarin Oranges 2-Tortilla Shells	Potato Salad Baked Beans Fresh Pear Sweet Roll	Genesee County Language Langua	VAAA Valley Area Agency On Aging

You need to call the senior center the day before by 12:30 pm to schedule for lunch @ 810-658-1566

Answers, Action & Advocacy for All Things Senior

Margarine

Milk

Margarine

Milk

Sour Cream

100% Fruit Juice