
















Congregate May Menu 2024

Name: _____ Date: _____

Menu Subject to Change Based on Product Availability and Quality Standards

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|---|--|
| | | 1 | 2 | 3 |
|  |  | Tangerine Chicken Shrimp Fried Rice Winter Blend Veggies Pineapple Cup Flatbread Margarine Milk | Meatloaf w/Gravy Mashed Potatoes Sweet Peas Cinnamon Applesauce Wheat Roll Margarine 100% Fruit Juice  | Pub Burger w/Cheese Leaf Lettuce & Sliced Tomato Ranch Potato Wedges Cole Slaw Fruit Salad Whole Wheat Bun & Margarine Milk |
| 6 | 7 | 8 | 9 | 10 |
| Beef Tacos w/HM Pico Corn & Black Beans Vegetable Blend Diced Peaches Margarine Milk  | Chef Salad w/Cheese, Tomatoes, Ham & Turkey Cole Slaw Fruit Salad Flatbread Margarine 100% Fruit Juice  | Chinese Pepper Steak Brown Rice Sicilian Veggie Blend Succotash Fruit Cocktail Wheat Roll Margarine Milk | Breaded Chicken Sandwich Diced Potatoes Winter Blend Veggies Wheat Bun Margarine 100% Fruit Juice  | Baked Herb Pork Chop Green Bean Casserole Sweet Corn Mixed Fruit Cup Potato Roll Margarine Milk |
| 13 | 14 | 15 | 16 | 17 |
| Ravioli w/Beef & Sauce Roasted Brussel Sprouts Steamed Cauliflower Fresh Pear Potato Roll Margarine Milk  | Maple-Glazed Chicken w/Roasted Sweet Potatoes & Broccoli Blend Mandarin Orange Cup Garlic Bread Margarine 100% Fruit Juice | HM Beef Chili Chuck Wagon Blend Italian Vegetables Peach Cup Corn Muffin Margarine Milk  | Chicken & Penne Alfredo French Cut Green Beans Diced Carrots Fresh Apple & Birthday Cake Crunchy Breadsticks Margarine 100% Fruit Juice  | Glazed Ham Steak Mashed Sweet Potatoes Mixed Greens Fruit Salad Corn Bread Margarine Milk |
| 20 | 21 | 22 | 23 | 24 |
| Citrus Teriyaki Salmon Bowl Lo Mein Noodles Onions, Peppers, Pineapples Broccoli Florets Fresh Pear Crunchy Breadstick Margarine Milk  | Roast Beef Slice Roasted Potatoes Veggie Blend Pear Cup Wheat Roll Margarine 100% Fruit Juice | Chef's Choice  | Chicken Caesar Wrap Romaine Lettuce Cucumber Slices Fruit Cocktail Cookie of the Month Spinach Tortilla Shell Caesar Salad Dressing 100% Fruit Juice   | HM Spaghetti & Meatballs Steamed Broccoli Italian Veggie Blend Cinnamon Applesauce Garlic Bread Margarine Milk |
| 27 | 28 | 29 | 30 | 31 |
| CLOSED Memorial Day!  | Sweet & Sour Chicken Wings French Cut Green Beans Diced Carrots Fresh Pears Breadstick Margarine Milk | HM Sloppy Joes Garden Pasta Veggie Blend Cauliflower Fresh Apple WG Bun Margarine 100% Fruit Juice | HM Beef Stroganoff Egg Noodles Garlic Veggie Blend Fresh Orange Wheat Roll Margarine Milk | Turkey Burger w/Cheese Potato Wedges Key West Veggie Blend Cantaloupe Chunks WG Bun Ketchup & Mustard 100% Fruit Juice  |

You need to call the senior center the day before by 12:30 pm to schedule for lunch @ 810-658-1566