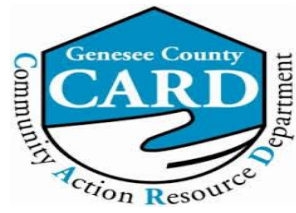



NAME: _____

DATE: _____

Congregate November Meal Menu 2023

Menu Subject to Change Based on Product Availability and Quality Standards

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Cobb Salad w/Turkey, Cheese, Egg, Bacon Pasta Salad Mandarin Oranges Fruit Muffin Salad Dressing Pkt Milk	2 Baked Mostaccioli w/Meat Sauce French Green Beans Steamed Corn Fresh Pear Breadstick 100% Fruit Juice	3 Honey Glazed Chicken Fillet Parsley Potatoes California Vegetable Blend Fruit Cocktail WG Sweet Roll Margarine Milk
6 Cheese Ravioli w/Sauce Roasted Potatoes Italian Veggie Blend Fresh Pear Potato Roll Margarine Milk	7 Fiesta Chicken w/Onions & Peppers Roasted Corn & Black Beans Pineapple Tidbits WG Roll Margarine 100% Fruit Juice	8 Salisbury Steak w/Gravy Mashed Potatoes Mixed Vegetables Fruit Cocktail Biscuit Margarine Milk	9 Asian Turkey Burger Sweet Potato Wedges Steamed Cauliflower Cinnamon Applesauce WG Bun 100% Fruit Juice	10  Thanksgiving Lunch Count Due Today!
13 New Orleans Chicken Stir-Fry Over Lo Mein Noodles Vegetable Blend Apricots Hawaiian Roll Margarine Milk Fortune Cookie	14 Pub Burger w/Cheese Potato Wedges Lettuce/Tomato/Onion Fruit Cocktail WG Bun Ketchup/Mustard 100% Fruit Juice 	15 Italian Wedding Soup Sweet Peas Fresh Pear Buttermilk Biscuit Honey Packet Margarine Milk	16 Chicken Fajitas Chuck Wagon Veggie Blend Black Beans Pineapple Cup Birthday Cake Flour Tortilla Shells 100% Fruit Juice	17 Glazed Citrus Salmon Rice Pilaf Mixed Veggies Mixed Fruit Cup WG Roll Margarine Milk
20 Swedish Meatballs Brown Rice Green Beans Mandarin Oranges Crunchy Breadsticks Milk	<i>Thanksgiving Luncheon Day!</i> 22 Turkey Breast W/Gravy Mashed Potatoes Chef Garey's Famous Green Beans HM Mac & Cheese Wheat Roll w/Margarine HM Holiday Cookie 100% Fruit Juice	22 Crispy Chicken Salad w/Apples & Cranberries Cole Slaw Diced Pears Potato Roll Milk	23 	24 
27 Chili w/Ground Beef Veggie Blend Strawberry Applesauce Corn Bake Milk	28 Creamy Turkey & Wild Rice Soup Sliced Potatoes Sweet Peas Fresh Apple Wheat Roll Margarine 100% Fruit Juice	29 HM Beef & Bean Burrito Spanish Rice Sweet Corn w/Peppers Fresh Apple Wheat Roll Margarine Milk	30 Philly Chicken w/Cheese Potato Wedges Veggie Blend Sub Bun Margarine 100% Fruit Juice	

**YOU NEED TO CALL THE CENTER THE DAY BEFORE BY 12:30 PM TO SCHEDULE FOR LUNCH @ 810-658-1566
IT IS CURBSIDE PICK-UP! PULL UP TO THE FRONT DOORS AND WE WILL BRING LUNCHES OUT TO YOU!**

