

## Congregate March Menu 2023

Menu Subject to Change Based on Product Availability and Quality Standards

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6	7	8	9	10
		BBQ Pulled Pork Baked Potato Mixed Vegetables Fresh Orange Mini Sub Bun Margarine & Sour Cream Milk	Chicken Alfredo French Green Beans Vegetable Blend Dinner Roll Margarine Fruit Cup Milk	Pub Burger w/Cheese Potato Salad Peas & Carrots Fruit Cocktail WG Bun Mayo & Mustard Milk 
13	14	15	16	17
Smothered Pork Chop Mashed Sweet Potatoes Mixed Greens Honey Wheat Roll Pears Margarine Milk	Beef Goulash Lima Beans Cauliflower Golden Apple Potato Roll Margarine 100% Fruit Juice 	Cobb Salad w/Turkey, Cheese, Egg, Bacon Pasta Salad Peaches Breadstick Salad Dressing Milk	Miss Donna's Oven Fried Chicken Chuck Wagon Blend Oven Roasted Potatoes Fresh Orange WG Roll Margarine 100% Fruit Juice	Korean Beef Bowl w/Rice w/Snap Peas, Peppers, Onions & Broccoli Peas & Carrots Pineapples Hawaiian Roll Fortune Cookie Milk, Margarine 
20	21	22	23	24
Roasted Turkey & Gravy w/ Mashed Potatoes Southern Green Beans Warm Peaches Biscuit Milk	Meatball Sub Potato Wedges Sweet Peas Pineapple Tidbits Sub Bun Margarine 100% Fruit Juice 	Chicken Fried Steak w/Gravy Steamed Broccoli Roasted Veggies Mixed Fruit Wheat Roll Margarine Milk	Stuffed Peppers Steamed Beets Cauliflower Applesauce Dinner Roll Margarine 100% Fruit Juice Birthday Cake 	Pecan Crusted Tilapia Au Gratin Potatoes Corn Pineapples Hawaiian Roll Margarine Milk 
27	28	29	30	31
Western Frittata W/ Peppers & Onions Roasted Redskin Potatoes Warm Cinnamon Apples Mini Muffin Milk	Beef Stew Spinach Fresh Orange Corn Bread Muffin Margarine 100% Fruit Juice	Boneless BBQ Riblet Mixed Vegetables Redskin Potato Wedges Fruit Cup Sliced Sub Bun Diced Peaches Milk	Chicken Salad Sandwich Pasta Salad Fresh Banana Sliced Croissant 100% Fruit Juice Cookie of the Month 	Artisan Mac & Cheese French Cut Green Beans Sliced Carrots Fruit Cocktail Crunchy Breadsticks Margarine Milk
Spaghetti & Meatballs Sweet Peas Italian Veggie Blend Fresh Pear Garlic Bread Margarine Milk	White Chicken Chili Whole Kernel Corn Mixed Greens Mango & Papaya Fruit Cup Corn muffin Salad Dressing 100% Fruit Juice	Salisbury Steak w/Gravy Mashed Potatoes Sliced Carrots Tropical Fruit Salad WG Roll Margarine Milk	Beef Fajitas w/ Peppers/Onions Mexican Rice w/Corn & Tomatoes Black Beans Fruit Cocktail Tortilla Shell 100% Fruit Juice	BBQ Chicken Tenders Mixed Veggies Potato Wedges Pineapples Hawaiian Roll Margarine Milk

YOU NEED TO CALL THE CENTER THE DAY BEFORE BY 12:30 PM TO SCHEDULE FOR LUNCH @ 810-658-1566  
 IT IS CURBSIDE PICK-UP! PULL UP TO THE FRONT DOOR AREA WE WILL BRING LUNCHES OUT TO YOU!  
 GENESEE RESIDENT 60 YRS. & UP = \$3.00 pp NON-GENESEE RESIDENTS & UNDER 60 YRS. = \$6.00 pp