

CONGREGATE MEAL MENU - JULY 2023

Menu Subject to Change Based on Product Availability and Quality Standards

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 CLOSED 	4 CLOSED 	5 Grilled Chicken Sandwich Chuck Wagon Vegetables Chopped Broccoli Mixed Fruit Cup WG Bun Margarine/Mayo Milk	6 Polish Sausage Battered Potatoes Sliced Carrots Strawberry Applesauce WG Hotdog Bun Margarine 100% Fruit Juice 	7 Ravioli w/Shrimp & Sauce Steamed Broccoli Roasted Veggies Fruit Cocktail Garlic Roll Margarine Milk
10 Meatball Sub w/Cheese Diced Potatoes Sweet Peas Fruit Cup Sub Bun Margarine Milk	11 Chef Salad w/Romaine Turkey, Eggs & Cheese Carrots Sticks Diced Pears Wheat Roll Salad Dressing 100% Fruit Juice 	12 Tangerine Chicken w/Rice Green Beans Diced Carrots Applesauce Hawaiian Roll Fortune Cookie Milk	13 HM Sloppy Joes Garden Blend Veggie Pasta Cauliflower Golden Apple WG Bun Margarine 100% Fruit Juice	14 Chinese Pepper Steak w/Rice Succotash Mixed Fruit Cup Potato Roll Margarine Milk
17 Honey Glazed Chicken Breast Scolloped Potatoes Lima Beans Fresh Apple Corn Muffin Margarine Milk	18 Turkey Tetrazzini Riviera Blend Veggies Steamed Cauliflower Pineapples Dinner Roll Margarine 100% Fruit Juice	19 Pub Burger w/Cheese Lettuce, Tomato, Mayo & Mustard Potato Salad Veggie Blend Fruit Salad WW Bun Milk 	20 Turkey & Cheese Sub Mayo, Mustard, Veggie Dip Fresh Cauliflower & Fresh Snap Peas Fresh Pear WG Bun 100% Fruit Juice Birthday Cake	21 Mac & Cheese French Cut Green Beans Corn Muffin Fresh Banana Potato Roll Margarine Milk 
24 HM Chicken Salad Sandwich Grape Tomatoes 3 Bean Salad Fruit Cocktail Sliced Croissant Milk	25 BBQ Pulled Pork Cole Slaw Baked Beans Peaches Wheat Bun Milk	26 Fiesta Lime Chicken Brown Rice Roasted Corn & Black Beans Peaches Flatbread Margarine Milk	27 Philly Chicken w/Cheese Diced Potatoes Normandy Blend Vegetables Tropical Fruit Salad Wheat Sub Bun Cookie of the Month 100% Fruit Juice	28 Oven Fried Fish Au Gratin Potatoes Tomatoes & Zucchini Diced Peaches Hawaiian Roll Margarine & Tartar Sauce Milk
31 HM Deluxe Fried Rice w/Beef, Chicken, Ham, Peas & Carrots Steamed Broccoli Fresh Orange Breadsticks Margarine Milk			 <i>"Your tax dollars at work"</i>	

**YOU NEED TO CALL THE CENTER THE DAY BEFORE BY 12:30 PM TO SCHEDULE FOR LUNCH @810-658-1566
IT IS CURBSIDE PICK-UP! PULL UP TO THE FRONT DOORS AND WE WILL BRING LUNCHES OUT TO YOU!**

NAME: _____ DATE: _____