







Congregate January Menu 2023

Menu Subject to Change Based on Product Availability and Quality Standards

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 CLOSED HAPPY NEW YEARS!	3 Chicken Cacciatore Mixed Greens Spaghetti Diced Pears Corn Bread Margarine 100% Fruit Juice	4 HM Liver & Onions w/Gravy Mashed Potatoes Sweet Peas Biscuit Applesauce Milk Margarine	5 Pork Chops w/Mushrooms Sugar Snap Peas Roasted Potatoes Sliced Wheat Bread Margarine Fresh Apple 100% Fruit Juice	6 BBQ Chicken Tenders Spinach Yams & Apples Whole Wheat Roll Margarine Fresh Orange Milk
9 HM Sweet & Sour Meatballs Brown Rice Green Beans Mixed Vegetables Flatbread Pineapple Tidbits Margarine Milk	10 Chicken Caesar Wrap W/ Romaine & Parmesan Cucumber Slices w/dip Fruit Cocktail Tortilla Wrap Caesar Salad Dressing Pkt 100% Fruit Juice	11 Open-Face Pot Roast Sweet Peas Mashed Potatoes Texas Toast Half Margarine Diced Peaches Milk	12 HM Chili Whole Kernel Corn Sliced Potatoes Fresh Pear Buttermilk Biscuit w/honey Margarine/Salad Dressing 100% Fruit Juice	13 Grilled Chicken Breast w/Cream Sauce Chopped Broccoli Glazed Carrots Mixed Fruit Potato Roll Margarine Milk
16 	17 HM Mexican Chicken & Rice Soup Vegetable Blend Lima Beans Applesauce Corn Muffin Margarine 100% Fruit Juice	18 Creole Steak European Veggies Sliced Beets Tropical Fruit Salad Potato Roll Margarine Milk	19 Beef Fajitas w/ Peppers/Onion w/Peppers & Onions Mexican Rice Corn Fruit Cocktail Tortilla Shell 100% Fruit Juice Cookie Of the Month 	20 Crispy Fish Taco w/Fresh Corn Salsa Au gratin Potatoes Cole Slaw Pineapples Tortilla Shell Milk 
23 Ham, Bacon & Cheese Frittata W/ Peppers & Onions Roasted Redskin Potatoes Warm Cinnamon Apples Mini Muffin Milk 8 oz	24 HM Chicken Salad on Croissant Fresh HM Cucumber Salad Fresh Broccoli Bites Golden Apple 100% Fruit Juice	25 Roasted Chicken Breast Italian Veggie Blend Roasted Potatoes Fresh Pear Hawaiian Roll Margarine Milk	26 Turkey Burger w/Cheese Potato Wedges Vegetable Blend Diced Pears Multi-Grain Bun Ketchup & Mustard 100% Fruit Juice Birthday Cake	27 HM Mac and Cheese French Cut Green Beans Sliced Carrots Wheat Roll Mandarin Oranges Margarine Milk
30 HM Goulash Spinach Baby Carrots Fresh Apple Corn Bread Margarine Milk	31 HM Sloppy Joes Garden Pasta Veggie Blend Broccoli Florets Golden Apple WG Bun Margarine 100% Fruit Juice			

YOU NEED TO CALL THE CENTER THE DAY BEFORE BY 12:30PM TO SCHEDULE FOR LUNCH @ 810-658-1566
IT IS CURBSIDE PICK-UP! PULL UP TO THE FRONT DOOR AREA WE WILL BRING LUNCHES OUT TO YOU!
GENESEE RESIDENT 60 YRS. & UP = \$3.00 PP NON-GENESEE RESIDENTS & UNDER 60 YRS. = \$6.00 PP