

CONGREGATE MEAL MENU - AUGUST 2023

Menu Subject to Change Based on Product Availability and Quality Standards

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 HM Chicken & Penne Alfredo French Green Beans Diced Carrots Fruit Cocktail Baked Bread Stick Margarine 100% Fruit Juice	2 Meatloaf w/gravy Mashed Potatoes Sweet Peas Tropical Fruit Potato Roll Margarine Milk	3 HM Beef Stroganoff Sicilian Veggie Blend Succotash Wheat Roll Potato Roll Fresh Pear Margarine 100% Fruit Juice	4 Chicken Caesar Salad w/Romaine Cucumber Slices Pita Pocket Half Caesar Dressing Pkt. Fruit Cocktail Milk
7	8 HM Mini Beef Tacos Mexican Rice Chuck Wagon Pineapple Tidbits Sub Bun 100% Fruit Juice 	9 Turkey Polish Sausage Veggie Blend Potatoe Wedges Tropical Fruit Salad Whole Wheat Bun Margarine & Mustard Milk 	10 BBQ Chicken Thighs Sweet Corn Key West veggie Blend Strawberry Applesauce Wheat Roll Margarine 100% Fruit Juice	11 Turkey Burger w/Cheese Broccoli Florets Mixed Vegetables Whole Wheat Bun Tropical Fruit Salad Milk 
14	15 Spaghetti & Meatballs Steamed Cauliflower Hawaiian Dinner Roll Apple Margarine 100% Fruit Juice 	16 Smothered Fried Chicken Really!?! Green Beans Rice Pilaf Corn Muffin Mandarin Orange Margarine Milk	17 Sloppy Joe Rosemary Potatoes Winter Blend Vegetables Wheat Bun Golden Apple Margarine 100% Fruit Juice Birthday Cake	18 Macaroni & Cheese Lima Beans Broccoli Florets Pineapple Tidbits Dinner Roll Margarine Milk 
21	22 HM Chicken & Cheese Fajitas Refried Beans Spanish Rice with Corn Tortilla Shell Mango & Papaya 100% Fruit Juice Taco Sauce pkt 	23 Pork Chop w/Gravy Mashed Sweet Potatoes Sliced Beets Corn Bread Fresh Orange Margarine Milk	24 Pepper Steak w/Midori blend Veg Asian Rice Blend Succotash Veggie Blend Wheat Roll Tropical Fruit Salad Margarine 100% Fruit Juice Cookie of The Month	25 Fish Taco w/Roasted Corn Salsa Scalloped Potatoes Cole Slaw Mixed Fruit Salad Tortilla shell Lemon Juice pk Milk 
28	29 HM Beef Goulash Cauliflower Scandinavian Blend Veggies Garlic Roll Fresh Orange Margarine 100% Fruit Juice	30 Chicken Tenders Potato Wedges Green Beans Pineapple Chunks Potato Roll Milk	31 Open Face Turkey Sandwich Mashed Potatoes Northwest Blend Veggies Mixed Fruit Cup Half-Slice Texas Toast 1% Milk	

YOU NEED TO CALL THE CENTER THE DAY BEFORE BY 12:30 PM TO SCHEDULE FOR LUNCH @ 810-658-1566
IT IS CURBSIDE PICK-UP! PULL UP TO THE FRONT DOORS AND WE WILL BRING LUNCHES OUT TO YOU!

NAME: _____ DATE: _____