

CONGREGATE MEAL MENU - JUNE 2023

Menu Subject to Change Based on Product Availability and Quality Standards

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	 *Your tax dollars are at work*		1 Sweet & Sour Meatballs w/Stir Fry Vegetables Brown Rice Peas and Carrots Mixed Fruit Cup Potato Roll Margarine 100% Fruit Juice	2 BBQ Chicken Thighs Mixed Greens Stewed Tomatoes Banana Dinner Roll Margarine Milk 
5	6	7	8	9
Italian Sub w/Salami, Ham Red Onion, Banana Peppers Potato Salad Fresh Apple Sub Bun Dressing Packet Milk	Chicken Tacos w/HM Pico Mexican Rice Fiesta Corn Sliced Peaches Wheat Roll Taco Sauce 100% Fruit Juice 	Chef's Choice 	Boneless BBQ Rib Cole Slaw Riviera Blend Strawberry Applesauce Sliced Sub Bun 100% Fruit Juice Cookie of the Month	Creole Steak Glazed Carrot Rounds Sweet Peas Pineapple Tidbits Garlic Roll Margarine Milk
12	13	14	15	16
Breaded Chicken Breast Diced Potatoes Cauliflower Applesauce Dinner Roll Margarine Milk	Ravioli w/Beef Sauce Vegetable Blend Roasted Vegetables Fresh Orange Potato Roll Margarine 100% Fruit Juice	Grilled Chicken Salad Romaine, Tomatoes, Cheese Cucumber Slices w/Dip Mandarin Oranges Crunchy Bread Sticks Salad Dressing Milk 	HM Beef & Broccoli Lo Mein Oriental Veggie Blend Pineapple Cup Flatbread 100% Fruit Juice Birthday Brownie 	Oven Fried Fish Au Gratin Potatoes Cole Slaw Diced Peaches Hawaiian Roll Margarine & Tartar Sauce Milk
19	20	21	22	23
	Sloppy Joes Potato Puffs Veggie Blend Applesauce WG Bun Margarine 100% Fruit Juice	BBQ Pulled Pork Chuck Wagon Vegetables Green Beans Diced Peaches Dinner Roll Margarine Milk	HM Spanish Rice w/Beef Broccoli Florets Sweet Corn Fresh Pear Potato Roll Margarine 100% Fruit Juice	White Cheddar Mac & Cheese Zucchini & Tomatoes Mixed Greens Pineapple Tidbits Corn Muffin Margarine Milk 
26	27	28	29	30
Grilled Turkey Burger Succotash Peaches Wheat Bun Mayo & Mustard Milk 	HM Goulash Spinach Baby Carrots Fresh Golden Apple Corn Bread Margarine 100% Fruit Juice	Asian Chicken Bowl Vegetable Fried Rice Winter Blend Veggies Mango & Papaya cup Hawaiian Roll Margarine Milk Fortune Cookie	Chicken Tenderloins Creamy Cavatappi Pasta French-Style Green Beans Sliced Carrots Fresh Orange Potato Roll Margarine 100% Fruit Juice	Philly Steak w/Cheese Diced Potatoes Normandy Blend Vegetables Tropical Fruit Salad Wheat Sub Bun Margarine Milk

YOU NEED TO CALL THE CENTER THE DAY BEFORE BY 12:30 PM TO SCHEDULE FOR LUNCH @810-658-1566
IT IS CURBSIDE PICK-UP! PULL UP TO THE FRONT DOORS AND WE WILL BRING LUNCHES OUT TO YOU!

NAME: _____ DATE: _____