





Congregate October Meal Menu 2018

Menu Subject to Change Based on Product Availability and Quality Standards

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p align="right">1</p> Stuffed Green Pepper In Sauce Steamed Beets Cauliflower Gala Apple Dinner Roll w/Margarine Milk	<p align="right">2</p> Salisbury Steak w/gravy Mashed Potatoes Mixed Vegetables Wheat Roll Margarine Cantaloupe, Honeydew Grapes Milk	<p align="right">3</p> Chicken Teriyaki w/Rice Oriental Vegetables Winter Blend Vegetables Dinner Roll Apricots Margarine Milk	<p align="right">4</p> Grilled Chicken Breast Chuck Wagon Vegetable Blend Chopped Broccoli Potato Roll w/Margarine Fresh Orange Milk	<p align="right">5</p> Steak Pattie w/Gravy beef Mashed Potatoes Key West Vegetables Wheat Roll Margarine Sliced Pears Milk
<p align="right">8</p> BBQ Pulled Pork Baked Potato Vegetable Blend Fresh Orange Mini Sub Bun Margarine & Sour Cream Milk	<p align="right">9</p> Chicken Parmesan Steamed Spaghetti Garlic Vegetable Blend Whole Grain Garlic Bread Margarine Diced Pears Milk 	<p align="right">10</p> Creole Steak In Sauce European Vegetables Sliced Beets Potato Roll Margarine Tropical Fruit Salad Milk	<p align="right">11</p> Country Style Chicken Steamed Broccoli Roasted Vegetables Honey Dew Fruit Wheat Roll Margarine Milk Cookie Of The Month 	<p align="right">12</p> Bean Soup w/ Turkey Ham Baby Carrots Tossed Salad w/Tomatoes Mandarin Oranges Salad Dressing pike Corn Muffin & Margarine Milk
<p align="right">15</p> Vegetable Lasagna Chopped Spinach Season Stewed Tomatoes Sliced Bread w/Margarine Fruit Cocktail in Juice Milk	<p align="right">16</p> Chargrilled Steak In Broth Whipped Potatoes Italian Mixed Vegetables Diced Peaches Multi - Grain Roll w/Margarine Apple Juice	<p align="right">17</p> Pub Burger w/Cheese Leaf Lettuce w/Sliced Tomato Steak House Potato Salad Diced Peas & Carrots Whole Wheat Bun Mayo Mustard Fruit Salad Milk	<p align="right">18</p> Oven Fried Chicken Cauliflower Florets Glazed Baby Carrots Wheat Roll w/Margarine Fresh Fruit Salad Milk Birthday Cake 	<p align="right">19</p> Crusted Fish Au Gratin Potatoes Fancy Cole Slaw Sliced Peaches Potato Roll Margarine Milk
<p align="right">22</p> White Chicken Chili Whole Kernel Corn Tossed Salad w/Tomatoes Corn Bake w/Margarine Mixed Fruit Salad Salad Dressing Pk Milk	<p align="right">23</p> Breaded Turkey Cutlet Mashed Sweet Potatoes Northwest Vegetable Blend Cracked Wheat Roll w/Margarine Fresh Red Grapes Milk	<p align="right">24</p> BBQ Pulled Chicken Potato Salad Mixed Vegetables Diced Pears Mini Sub Bun Margarine Milk	<p align="right">25</p> Pork Chop w/Apples Mixed Greens Mashed Sweet Potatoes Corn Bread & Margarine Apricots Milk	<p align="right">26</p> Chicken & Dumplings w/ Stew Vegetables French Green Beans Potato Rolls Margarine Fresh Apple Milk
<p align="right">29</p> Homestyle Chicken Noodle Soup Grilled Cheese Sandwich Pineapple Tidbits Dinner Roll Milk 	<p align="right">30</p> Pepper Steak Oriental Vegetables Sweet Peas Fresh Fruit Potato Roll/Margarine Halloween Cookie Milk	<p align="right">31</p> HM Baked Macaroni & Cheese Steamed Broccoli Zucchini & Tomatoes Sliced Bread w/Margarine Fruit Cocktail in Juice Milk		

PLEASE CALL INTO THE CENTER THE DAY BEFORE BY 1:00 PM TO SCHEDULE FOR LUNCH 810-658-1566