

Congregate November Meal Menu 2022

Menu Subject to Change Based on Product Availability and Quality Standards

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Philly Chicken w/Cheese Potato Wedges Veggie Blend Sub Bun Margarine-1 ea 100% Fruit Juice	2 Cobb Salad w/Turkey, Cheese, Egg, Bacon Pasta Salad Fruit Muffin-1 ea Mandarin Oranges-4 c. Salad Dressing Pkt-1 ea Milk-8 oz	3 Baked Mostaccioli w/Meat Sauce French Green Beans Steamed Corn Fresh Pear Breadstick 100% Fruit Juice-4 oz	4 Honey Glazed Chicken Fillet Parsley Potatoes-4 oz California Vegetable Blend WG Sweet Roll-1 ea Margarine-1 ea Fruit Cocktail-4 oz Milk-8 oz
7	8 Fiesta Chicken w/onions & Peppers Roasted Corn & Black Beans WG Roll Pineapple Tidbits-4 oz Margarine-1 ea 100% Fruit Juice-4 oz	9 Salisbury Steak w/Gravy Parsley Mashed Potatoes-4 oz Mixed Vegetables-4 oz Biscuit Fruit Cocktail-4 oz Margarine-1 ea Milk-8 oz	10 Asian Chicken Burger Sweet Potato Wedges Steamed Cauliflower-4 oz WG Bun Cinnamon Applesauce-4 oz 100% Fruit Juice-4 oz	11 
14	15 Pub Burger w/Cheese Potato Wedges Lettuce/Tomato/Onion Fruit Cocktail-4 oz WG Bun Ketchup/Mustard 100% Fruit Juice	16 Italian Wedding Soup Steamed Spinach Buttermilk Biscuit Honey Packet Margarine Fresh Pear Milk	17 Chicken Fajitas Chuck Wagon Veggie Blend-4 oz Black Beans-4 oz Flour Tortilla Shells Birthday Cake Pineapple Cup 100% Fruit Juice-4 oz	18 Glazed Citrus Salmon Rice Pilaf Mixed Veggies WG Roll Margarine Mixed Fruit Cup Milk-8 oz
21	23 THANKSGIVING DINNER	24	25	
28	29 Turkey Breast W/Gravy Mashed Potatoes Chef Garey's Famous Green Beans HM Mac & Cheese Cranberry Sauce Wheat Roll w/Margarine HM Holiday Cookie 100% Fruit Juice-4 oz	30 Swedish Meatballs Brown Rice-4 oz Green Beans-4 oz Mandarin Oranges-4 oz Crunchy Breadsticks-1 pkt Milk		
Chili W/Ground Beef Veggie Blend Corn Bake Strawberry Applesauce Milk	Creamy Turkey & Wild Rice Soup Sliced Potatoes-4oz Sweet Peas Wheat Roll w/Margarine Fresh Apple 100% Fruit Juice	HM Beef & Bean Burrito-1 Sweet Corn w/Peppers-4oz Fresh Apple-1 Spanish Rice-4oz Margarine Milk		

YOU NEED TO CALL THE CENTER THE DAY BEFORE BY 12:30PM TO SCHEDULE FOR LUNCH @ 810-658-1566
IT IS CURBSIDE PICK-UP! PULL UP TO THE FRONT DOOR AREA WE WILL BRING LUNCHES OUT TO YOU!
GENESEE RESIDENT - \$3.00 PP NON-GENESEE RESIDENT - \$6.00 PP
Deadline For Thanksgiving Dinner 11/22/22 - Count Is Due By 11/4/22