





Congregate November Meal Menu 2018

Menu Subject to Change Based on Product Availability and Quality Standards

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			Marinated Chicken Brussels Spouts Glazed Sweet Potatoes Multi-Grain Roll Golden Apple Margarine Milk	Beef Stew w/Vegetables Sliced Carrots Salad Dressing pk Buttermilk Biscuit Honey Packet Margarine Fresh Melon Chunks Milk
5	6	7	8	9
Baked Ham w/Pineapples Mashed Sweet Potatoes Green Beans Sliced Corn Bread Margarine Diced Pears Milk	Meatballs In Spaghetti Sauce Tortellini Pasta Italian Vegetable Blend Garlic Bread w/Margarine Sliced Peaches Milk	New Orleans Chicken Stir-fry Vegetable Blend Vegetable Fried Rice Whole Grain Flatbread Apricots Margarine Milk Fortune Cookie	Salisbury Steak in Broth Parsley Potatoes Mixed Vegetables Wheat Roll Fruit Cocktail Margarine Milk Cookie of the Month 	Chicken Marsala Steamed Green Beans Glazed Baby Carrots Potato Roll Margarine Tropical Fruit Salad Milk
12	13	14	15	16
	Breaded Turkey Cutlet Chuck Wagon Veggie Blend Sweet Peas Cracked Wheat Roll Pineapple Tidbits Margarine Milk	Meatloaf W/Tomato Sauce Roasted Potato Medley Winter Blend Vegetables Corn Muffin Diced Fruit Salad Margarine Milk	HAPPY BIRTHDAY Chicken Cordon Bleu Corn Broccoli Wheat Roll Birthday Cake Fresh Orange Milk	Chili W/ Ground Beef Spring Mix Tossed Salad Mixed Vegetables Corn Baked & Croutons Strawberry Applesauce Salad Dressing Pk Milk
19	20	21	22	23
Bean Soup w/ Smoked Ham Baby Carrots Tossed Salad w/Tomatoes Mandarin Oranges Salad Dressing pk Corn Muffin Margarine Milk	THANKSGIVING LUNCH Turkey Breast W/Gravy Mashed Potatoes Southern Style Green Beans Stuffing & Cranberry Sauce Wheat Roll w/Margarine Pecan Pie Milk	Grilled Chicken Fillets Parsley Potatoes California Vegetable Blend WG Sweet Roll Margarine Fruit Cocktail Milk		
26	27	28	29	30
Pork Chop Steamed Beets Prince Charles Veggie Blend WG Honey Wheat Roll Margarine Fresh Apple Milk	Pepper Steak Oriental Vegetable Sauce Brown Rice Nantucket Vegetable Blend Fresh Fruit Salad Potato Roll Milk	Tangerine Chicken w/ Vegetable Fried Rice Winter Blend Vegetables Potato Roll Fresh Orange Milk Fortune Cookie	Stuffed Cabbage In Sauce Zesty Bowtie Pasta Salad Sweet Green Peas Pear Cup Wheat Roll w/Margarine Milk	Baked Macaroni & Cheese Tomatoes & Zucchini Steamed Broccoli WG Potato Roll Pineapple Chunks Margarine Milk

PLEASE CALL INTO THE CENTER THE DAY BEFORE BY 1:00 PM TO SCHEDULE FOR LUNCH 810-658-1566