

CONGREGATE MEAL MENU - JULY 2019

Menu Subject to Change Based on Product Availability and Quality Standards

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Meatball Sub w/Cheese Winter blend Veggies Baby Carrots Fresh Orange Hoagie Bun Margarine Milk	2 Pub Burger w/Cheese Key West Blend Veggies Leaf Lettuce Tropical Fruit Salar Hamburger Bun Mayo/Mustard Milk 	3 Roasted Chicken Leg Green Beans Cauliflower Florets Golden Apple Buttermilk Biscuits Margarine Milk	4  Happy 4th of July!	5 HM Beef & Bean Burrito Sweet Corn Fresh Apple Spanish Rice Margarine Milk
8 Turkey & Cheese Sub Fresh Carrot Sticks Fresh Broccoli Florets Fresh Orange Pretzel Bun Ranch Dressing Milk	9 Baked Chicken Breast Parsley Mashed Potatoes Sweet Peas Pineapple Tidbits Wheat Roll Margarine Milk	10 Pulled BBQ Chicken Sandwich Cooked Cabbage Sweet Corn Mixed Fruit Wheat Sub Bun Margarine Milk	11 Salisbury Steak w/Gravy Italian Blend Veggies Tossed Salad w/Tomatoes Cinnamon Applesauce Garlic Bread Margarine Salad Dressing Milk	12 Artisan Macaroni & Cheese Stewed Tomatoes Broccoli Florets Fruit Cocktail Corn Muffin Margarine Milk
15 Tangerine Chicken w/Stir Fry Veggie Sweet Peas Diced Carrots Mixed Fruit Cup Potato Roll Fortune Cookie Margarine Milk 	16 HM Chicken Cordon Bleu Lima Beans Vegetable Blend Fresh Apple Wheat Roll Margarine Milk	17 BBQ Pulled Pork Sandwich Creamed Corn Sliced Carrots Peach Cup Wheat Bun Margarine Milk	18 HM Chicken Salad Grape Tomatoes Cucumber Slices Tropical Fruit Salad Sliced Croissant Margarine Milk Cookie of the Month 	19 Cheese Ravioli w/Meat Sauce Italian Blend Veggies Roasted Potatoes Fresh Pear Sweet Dinner Roll Margarine Milk
22 Chicken Tenders Vegetable Blend Sweet Potatoes Sliced Peaches Corn Bread Margarine Milk	23 Pork Chop w/Gravy Mashed Potatoes California Blend Veggies Fruit Salad Wheat Roll Margarine Milk	24 Philly Sub w/Cheese Green Beans Normandy Blend Veggies Wheat Sub Bun Tropical Fruit Salad Margarine Milk	25 Spaghetti & Meatballs in Sauce Diced Carrots Garden Salad w/Tomatoes Fresh Orange Breadstick & Margarine Salad Dressing Milk Birthday Cake 	26 Baked Fish Au Gratin Potatoes Cole Slaw Mixed Fruit Salad Potato Roll Margarine Milk
29 Fiesta Chicken w/Onions & Peppers Roasted Corn & Black Beans Veggie Blend Pineapple Tidbits WG Tortilla Margarine Milk	30 Boneless BBQ Rib Sweet Peas Crinkle Cut Carrots Strawberry Applesauce Sub Bun Margarine Milk	31 Smothered Chicken w/Mushroom Sauce Mashed Potatoes Mixed Vegetables Sliced Pears Wheat Roll Margarine Milk		