





**Congregate February Menu 2020**

Menu Subject to Change Based on Product Availability and Quality Standards

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Sliced Turkey w/Gravy Whipped Potatoes California Blend Fresh Orange Sliced Cinnamon Bread Margarine Milk	4 HM Meatloaf w/Gravy Redskin Mashed Potatoes Sweet Green Peas Fresh Apple Multi-Grain Roll Margarine Milk	5 Deluxe Chicken Alfredo Roasted Brussel Sprouts Tossed Salad Apple Crumb Cake Italian Dressing pk. Warm Bread Stick Fruit Punch	6 Beef & Bean Taco Salad Spanish Rice Steamed Corn Fresh Pico de Gallo Sour Cream Tortilla Chips Mandarin Oranges Milk	7 BBQ Chicken Breast Sandwich Potato Salad Cole Slaw Fruit Salad WG Bun Milk
10 Chicken & Dumplings w/ Stewed Vegetables Green Beans Sliced Peaches Potato Roll Margarine Milk	11 HM Goulash Spinach Baby Carrots Fresh Apple Corn Bread Margarine 100% Fruit Juice	12 	13 HM White Chicken Chili Whole Kernel Corn Tossed Salad Apricots Corn Bake Margarine Salad Dressing 100% Fruit Juice	14 Cheese Ravioli w/Meat Sauce Italian Veggie Blend Roasted Potatoes Fresh Pear Potato Roll Margarine Milk 
17 	18 Fiesta Lime Chicken Roasted Corn & Black Beans Cilantro Brown Rice Pineapple Tidbits WG Tortilla Margarine 100% Fruit Juice	19 Antipasto Salad w/Salami, Pepperoni, Ham Pasta Salad Fresh Orange Breadstick Salad Dressing pk Milk	20 Cheesy Potato Soup w/Turkey Ham Diced Carrots Winter Blend Veggies Fruit Cocktail Margarine 100% Fruit Juice Cookie of the Month 	21 Baked Lemon Pollock Fish Au Gratin Potatoes Cole Slaw Mixed Fruit Salad Wheat Grain Roll Margarine Lemon Juice Milk
24 Tangerine Chicken in Stir fry Vegetables Peas & Carrots Brown Rice Diced Pineapples Potato Roll Margarine Milk	25 HM Beef Liver w/Gravy Garlic Mashed Potatoes Sweet Peas Sliced Dinner Roll Margarine Sliced Peaches 100% Fruit Juice	26 Boneless Rib In BBQ Sauce Peas & Carrots Salad Blend /w Sliced Tomatoes Sliced Sub Bun Cinnamon Applesauce Milk	27 Scrambled Eggs W/Spinach Diced Potatoes w/Peppers Turkey Sausage Links WG Mini Pancake Mixed Fruit 100% Fruit Juice Birthday Cake	28 Artisan Macaroni & Cheese Stewed Tomatoes Steamed Broccoli Potato Roll Margarine Diced Pears Milk

**PLEASE CALL THE CENTER THE DAY BEFORE BY 1:00 PM TO SCHEDULE FOR LUNCH 810-658-1566**