









CONGREGATE MEAL MENU - AUGUST 2021

Menu Subject to Change Based on Product Availability and Quality Standards

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Open Face Turkey Sandwich Mashed Potatoes Sweet Peas Mixed Fruit Cup Half-Slice Texas Toast 1% Milk	Beef & Bean Burrito Mexican Rice Chuck Wagon Blend Veggies Key West Vegetables (4 oz) Pineapple Tidbits (4 oz) Sub Bun (1 ct) 100% Fruit Juice	Turkey Polish Sausage (1 ct) Normandy Blend Vegetables (4 oz) Red Cabbage & Sauerkraut Tropical Fruit Salad (4 oz) Whole Wheat Bun (1 ct) Margarine & Mustard Milk (1 ct) 	HM Stuffed Pepper Soup Steamed Beets (4 oz) Strawberry Applesauce (1 ct) Wheat Roll (1 ct) Margarine (1 ct) 100% Fruit Juice	Chicken Caesar Salad w/Romaine Cucumber Slices (4 oz) Pita Half (1 ct) Caesar Dressing Pkt. (1 ct) Fruit Cocktail (1 ct) Milk (1 ct)
9	10	11	12	13
Boneless Rib in sauce (1 ct) Yams & Apples (4 oz) Peas & Carrots (4 oz) Whole Grain Bun (1 ct) Diced Peaches (4 oz) Milk (1ct)	HM Chicken & Penne Alfredo French Green Beans (4 oz) Diced Carrots (4 oz) Fresh Pear 1 ct) Bread Stick(1 ct) Margarine (1 ct) 100% Fruit Juice	Breaded Turkey Patty Broccoli Florets (4 oz) Sweet Corn (4 oz) Deluxe Fruit Salad (1 ct) Potato Roll (1 ct) Margarine (1 ct) Milk (1 ct)	HM Beef Stroganoff Sicilain Veggie Blend (4 oz) Succotash (4 oz) Wheat Roll (1 ct) Fruit Cocktail (1 ct) Margarine (1 ct) 100% Fruit Juice	Pork Burger w/Hickory Sauce Redskin Potatoes (4 oz) Sliced Carrots (4 oz) Whole Grain Bun (1 ct) Fresh Orange (1 ct) Milk (1 ct)
16	17	18	19	20
BBQ Pulled Chicken Sandwich Italian Blend Vegetables (4 oz) Sliced Potatoes Diced pears (4 oz) Mini Sub Bun (1 ct) Margarine (1 ct) 100% Fruit Juice	HM Spaghetti & Meatballs Steamed Cauliflower Hawaiian Dinner Roll (1 ct) Apple (1 ct) Margarine (1 ct) 100% Fruit Juice 	Smothered Fried Chicken French-Style Green Beans (4 oz) Brown Rice Corn Muffin Mandarin Orange (4z) Margarine (1 ct) Milk (1 ct)	Sloppy Joe (3 oz) Diced Potatoes (4 oz) Winter Blend Vegetables (4 oz) Wheat Bun (1 ct) Golden Apple (1 ct) Margarine (1 ct) 100% Fruit Juice	Macaroni & Cheese (8 oz) Lima Beans Broccoli Florets Cantaloupe (4 oz) Dinner Roll (1 ct) Margarine (1 ct) Milk (1ct) 
23	24	25	26	27
BBQ Boneless Chicken Wings Whole Kennel Corn (4 oz) Green Beans (4 oz) Potato Roll (1 ct) Sliced Peaches (4 oz) Margarine (1 ct) Milk (1ct)	HM Chicken & Cheese Fajitas Refried Beans Spanish Rice with Corn Tortilla Shell (1 ct) Pineapple Tidbits (4 oz) 100% Fruit Juice Taco Sauce pkt (1 ct)	Pork Chop w/Gravy Sweet Potatoes (4 oz) Sliced Beets (4 oz) Corn Bread (1 ct) Fruit Cup (1 ct) Margarine (1 ct) Milk (1ct)	HM Philly Steak w/Cheese (3 oz) Potato wedges (4 oz) Succotash Veggie Blend (4 oz) Wheat Sub Bun (1 ct) Tropical Fruit Salad (4 oz) Margarine (1 ct) 100% Fruit Juice Cookie of The Month (1 ct)	Fish Taco w/ Pico Scalloped Potatoes (4 oz) Tossed Salad w/Tomato Mixed Fruit Salad (4 oz) Wheat Roll w/Margarine (1 ct) Salad Dressing (1 ct) Lemon Juice pk (1 ct) Milk (1ct)
30	31			
Pub Burger w/Cheese (1 ea) Broccoli Florets (4 oz) Mixed Vegetables (4 oz) Whole Wheat Bun (1 ct) Tropical Fruit Salad (4 oz) Milk (1ct) 	Crispy Chicken Salad w/Egg, Cheese, Tomato, Cucumber Pineapple Chunks Potato Roll 100% Fruit Juice 			

PLEASE CALL THE CENTER THE DAY BEFORE BY 12:30 P.M. TO SCHEDULE FOR LUNCH @ 810.658.1566
DINE IN LUNCHEES START AUGUST 2ND!