

Congregate November Meal Menu 2020

Menu Subject to Change Based on Product Availability and Quality Standards

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Italian Beef Stew w/Stew Vegg Tomatoes & Zucchini Corn Bake w/Margarine Peaches-4 oz Milk 8 oz	Philly Chicken w/Cheese Potato Wedges Veggie Blend Sub Bun Margarine-1 ea 100% Fruit Juice	Cobb Salad w/Turkey, Cheese, Egg, Bacon Pasta Salad Fruit Muffin-1 ea Mandarin Oranges-4 c. Salad Dressing Pkt-1 ea Milk-8 oz	Baked Mostaccioli w/Meat Sauce French Green Beans Steamed Corn Fresh Pear Breadstick 100% Fruit Juice-4 oz	Honey Glazed Chicken Fillet Parsley Potatoes-4 oz California Vegetable Blend WG Sweet Roll-1 ea Margarine-1 ea Fruit Cocktail-4 oz Milk-8 oz
8	9	10	11	12
Cheese Ravioli w/Sauce Italian Veggie Blend-4 oz Roasted Potatoes-4 oz Potato Roll-1 ea Margarine-1 ea Fresh Pear-1 ea Milk-8 oz	Fiesta Chicken w/onions & Peppers Roasted Corn & Black Beans WG Roll Pineapple Tidbits-4 oz Margarine-1 ea 100% Fruit Juice-4 oz	Salisbury Steak w/Gravy Parsley Mashed Potatoes-4 oz Mixed Vegetables-4 oz Biscuit Fruit Cocktail-4 oz Margarine-1 ea 100% Fruit Juice-4 oz		Asian Chicken Burger Sweet Potato Wedges Steamed Cauliflower-4 oz WG Bun Cinnamon Applesauce-4 oz Milk-8 oz
15	16	17	18	19
New Orleans Chicken StirFry Over Lo Mein Noodles Vegetable Blend-4 oz Hawaiian Roll Apricots-4oz Margarine-1 ea Milk-8 oz Fortune Cookie-1 ea	Pub Burger w/Cheese Potato Wedges Lettuce/Tomato/Onion Fruit Cocktail-4 oz WG Bun Ketchup/Mustard 100% Fruit Juice	Italian Wedding Soup Steamed Spinach Buttermilk Biscuit Honey Packet Margarine Fresh Pear Milk	Chicken Fajitas Chuck Wagon Veggie Blend-4 oz Black Beans-4 oz Flour Tortilla Shells Birthday Cake Pineapple Cup 100% Fruit Juice-4 oz	Glazed Citrus Salmon Rice Pilaf Mixed Veggies WG Roll Margarine Mixed Fruit Cup Milk-8 oz
22	23	24	25	26
Crispy Chicken Salad w/Apples & Cranberries Cole Slaw-4 oz Potato Roll Diced Pears Milk-8 oz	THANKSGIVING DINNER	Swedish Meatballs Brown Rice-4 oz Green Beans-4 oz Mandarin Oranges-4 oz Crunchy Breadsticks-1 pkt Milk		
29	30	1	2	3
Chili W/Ground Beef Veggie Blend Corn Bake Strawberry Applesauce Milk	Creamy Turkey & Wild Rice Soup Sliced Potatoes-4oz Sweet Peas Wheat Roll w/Margarine Fresh Apple 100% Fruit Juice			

**YOU MUST CALL THE CENTER THE DAY BEFORE BY 12:30 P.M. TO SCHEDULE FOR LUNCH @ 810-658-1566
IT IS CURBSIDE PICK-UP ONLY! PULL UP TO THE FRONT DOOR AREA TO PAY & PICK UP LUNCHES!**