









CONGREGATE MEAL MENU - AUGUST 2022

Menu Subject to Change Based on Product Availability and Quality Standards

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|--|--|
| 1 | 2 | 3 | 4 | 5 |
| Open Face Turkey Sandwich Mashed Potatoes Sweet Peas Mixed Fruit Cup Half-Slice Texas Toast 1% Milk | HM Mini Beef Tacos Mexican Rice Chuck Wagon Blend Veggies Pineapple Tidbits (4 oz) Sub Bun (1 ct) 100% Fruit Juice | Turkey Polish Sausage (1 ct) Normandy Blend Vegetables (4 oz) Potato Wedges Tropical Fruit Salad (4 oz) Whole Wheat Bun (1 ct) Margarine & Mustard Milk (1 ct)  | BBQ Chicken Thighs Creamed Style Corn Key West veggie Blend Strawberry Applesauce (1 ct) Wheat Roll (1 ct) Margarine (1 ct) 100% Fruit Juice | Pork Burger w/Hickory Sauce Redskin Potatoes (4 oz) Sliced Carrots (4 oz) Whole Grain Bun (1 ct) Fresh Orange (1 ct) Milk (1 ct) |
| 8 | 9 | 10 | 11 | 12 |
| Boneless Rib in sauce (1 ct) Baked Beans Peas & Carrots (4 oz) Whole Grain Bun (1 ct) Diced Peaches (4 oz) Milk (1ct) | HM Chicken & Penne Alfredo French Green Beans (4 oz) Diced Carrots (4 oz) Fresh Pear 1 ct) Bread Stick(1 ct) Margarine (1 ct) 100% Fruit Juice | Meatloaf w/gravy Mashed Potatoes Sweet Corn (4 oz) Deluxe Fruit Salad (1 ct) Potato Roll (1 ct) Margarine (1 ct) Milk (1 ct) | HM Beef Stroganoff Sicilian Veggie Blend (4 oz) Succotash (4 oz) Wheat Roll (1 ct) Fruit Cocktail (1 ct) Margarine (1 ct) 100% Fruit Juice | Chicken Caesar Salad w/Romaine Cucumber Slices (4 oz) Pita Half (1 ct) Caesar Dressing Pkt. (1 ct) Fruit Cocktail (1 ct) Milk (1 ct)  |
| 15 | 16 | 17 | 18 | 19 |
| BBQ Pulled Chicken Sandwich Italian Blend Vegetables (4 oz) Sliced Potatoes Diced pears (4 oz) Mini Sub Bun (1 ct) Margarine (1 ct) Milk | Spaghetti & Meatballs Steamed Cauliflower Hawaiian Dinner Roll (1 ct) Apple (1 ct) Margarine (1 ct) 100% Fruit Juice  | Smothered Fried Chicken French-Style Green Beans (4 oz) Brown Rice Corn Muffin Mandarin Orange (4z) Margarine (1 ct) Milk (1 ct) | Sloppy Joe (3 oz) Diced Potatoes (4 oz) Winter Blend Vegetables (4 oz) Wheat Bun (1 ct) Golden Apple (1 ct) Margarine (1 ct) 100% Fruit Juice Birthday Cake | Macaroni & Cheese (8 oz) Lima Beans Broccoli Florets Cantaloupe (4 oz) Dinner Roll (1 ct) Margarine (1 ct) Milk (1ct)  |
| 22 | 23 | 24 | 25 | 26 |
| BBQ Boneless Chicken Wings Whole Kennel Corn (4 oz) Green Beans (4 oz) Potato Roll (1 ct) Sliced Peaches (4 oz) Margarine (1 ct) Milk (1ct) | HM Chicken & Cheese Fajitas Refried Beans Spanish Rice with Corn Tortilla Shell (1 ct) Pineapple Tidbits (4 oz) 100% Fruit Juice Taco Sauce pkt (1 ct)  | Pork Chop w/Gravy Sweet Potatoes (4 oz) Sliced Beets (4 oz) Corn Bread (1 ct) Fruit Cup (1 ct) Margarine (1 ct) Milk (1ct) | Pepper Steak w/Asian blend Veg California Blend veggies Succotash Veggie Blend (4 oz) Wheat Sub Bun (1 ct) Tropical Fruit Salad (4 oz) Margarine (1 ct) 100% Fruit Juice Cookie of The Month (1 ct) | Fish Taco w/ Pico Scalloped Potatoes (4 oz) Tossed Salad w/Tomato Mixed Fruit Salad (4 oz) Wheat Roll w/Margarine (1 ct) Salad Dressing (1 ct) Lemon Juice pk (1 ct) Milk (1ct)  |
| 29 | 30 | 31 |  | |
| Turkey Burger w/Cheese (1 ea) Broccoli Florets (4 oz) Mixed Vegetables (4 oz) Whole Wheat Bun (1 ct) Tropical Fruit Salad (4 oz) Milk (1ct)  | HM Beef Goulash Sweet Peas Steamed Beets Garlic Roll Fresh Orange Margarine (1 ct) 100% Fruit Juice | Chicken Tenders Potato Wedges Green Beans Pineapple Chunks Potato Roll Milk | | |

YOU NEED TO CALL THE CENTER THE DAY BEFORE BY 12:30 PM TO SCHEDULE FOR LUNCH @ 810.658.1566

IT IS CURBSIDE PICK-UP! PULL UP TO THE FRONT DOOR AREA WE WILL BRING LUNCHES OUT!

GENESEE RESIDENT - \$3.00 pp NON-GENESEE RESIDENT - \$6.00 pp