

CONGREGATE- October Meal Menu 2017

MENU SUBJECT TO CHANGE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>Oven Fried Chicken Cauliflower Florets Glazed Baby Carrots Wheat Roll w/Margarine Fresh Fruit Salad Milk</p>	<p>3</p> <p>Salisbury Beef Mashed Potatoes Mixed Vegetables Wheat Roll Margarine Cantaloupe, Honeydew, Grapes Cookie Of The Month Milk</p> 	<p>4</p> <p>Chicken Teriyaki w/Rice Oriental Vegetables Winter Blend Vegetables Fresh Banana Dinner Roll Margarine Milk</p>	<p>5</p> <p>Grilled Chicken Breast Chuck wagon Veggie Blend Chopped Broccoli Potato Roll w/Margarine Fresh Orange Milk</p>	<p>6</p> <p>Baked Tilapia Au Gratin Potatoes Fancy Cole Slaw Sliced Peaches Potato Roll Margarine Milk</p>
<p>9</p> <p>BBQ Pulled Pork Baked Potato Vegetable Blend Fresh Orange Mini Sub Bun Margarine Milk</p>	<p>10</p> <p>Baked Veal Steak w/Tomato Steamed Spaghetti Chalet Garlic Vegetable Blend WG Garlic Bread/Margarine Diced Pears Milk</p>	<p>11</p> <p>Creole Steak In Sauce European Vegetables Sliced Beets Potato Roll Margarine Tropical Fruit Salad Milk</p>	<p>12</p> <p>Country Style Chicken Steamed Broccoli Roasted Vegetables Honey Dew Fruit Wheat Roll Margarine Milk</p>	<p>13</p> <p>White Chicken Chili Steamed Baby Carrots Tossed Salad w/Tomatoes Corn Bake w/Margarine Mixed Fruit Salad Salad Dressing Pk Milk</p>
<p>16</p> <p>Chicken & Dumplings w/ Stew Vegetables French Green Beans Potato Rolls Margarine Fresh Orange Milk</p>	<p>17</p> <p>Char Steak In Broth Whipped Potatoes Italian Mixed Vegetables Diced Peaches Multi-Grain Roll/Margarine Apple Juice</p>	<p>18</p> <p>Pub Burger w/Cheese Lettuce w/Sliced Tomato Steak House Potato Salad Diced Peas & Carrots Whole Wheat Bun Mayo Mustard Fruit Salad Milk</p>	<p>19</p> <p>Breaded Turkey Cutlet Mashed Sweet Potatoes Northwest Vegetable Blend Wheat Roll w/Margarine Fresh Red Grapes Birthday Cake Milk</p> 	<p>20</p> <p>Stuffed Pepper In Sauce Steamed Beets Cauliflower Gala Apple Dinner Roll w/Margarine Milk</p>
<p>23</p> <p>Steak Pattie w/Gravy Mashed Potatoes Spinach Wheat Roll Margarine Sliced Pears Milk</p>	<p>24</p> <p>Bean Soup w/Turkey Ham Baby Carrots Tossed Salad w/Tomatoes Mandarin Oranges Salad Dressing pk Corn Muffin & Margarine Milk</p>	<p>25</p> <p>BBQ Pulled Chicken Potato Salad Mixed Vegetables Fresh Banana Mini Sub Bun Margarine Milk</p>	<p>26</p> <p>Pork Chop w/Gravy Key West Veggie Blend Mashed Sweet Potatoes Corn Bread & Margarine Yogurt Cup w/Fruit Milk</p>	<p>27</p> <p>Vegetable Lasagna Chopped Spinach Season Stewed Tomatoes Sliced Bread w/Margarine Fruit Cocktail in Juice Milk</p>
<p>30</p> <p>Beef Stew Stewed Vegetables Cozumel Vegetable Blend Sliced Bread w/Margarine Fruit Cocktail Milk</p>	<p>31</p> <p>Pepper Steak Oriental Vegetable Sauce Sliced Carrots Fresh Fruit Potato Roll/Margarine Halloween Cookie Milk</p> 			