

CONGREGATE MEAL MENU - AUGUST 2017

MENU SUBJECT TO CHANGE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Roasted Chicken Baby Carrots Whole Potatoes Mixed Fruit Cup Wheat Roll/Margarine Milk	Grilled Turkey Burger Leaf Lettuce & Tomatoes Sweet Potato Waffles Wheat Bun Mayo & Mustard Milk	Char Beef Steak In Broth Mashed Cauliflower Brussel Spouts Sliced Pears Sliced Raisin Bread Margarine Milk	Spanish Rice w/Beef Broccoli Florets Sweet Corn Fresh Plum potato Roll w/Margarine Milk
Pub Burger w/Cheese Broccoli Florets Mixed Vegetables Whole Wheat Bun Tropical Fruit Salad Milk	Marinated Turkey Breast In Broth O'Brien Potatoes Tuscan Asiago Vegetable Blend Diced Peaches Apple Cinnamon Muffin Margarine Milk	Chicken Tenderloins French-Style Green Beans Belgian Carrots Potato Roll w/Margarine Fresh Orange Milk	Baked Lemon Pollock Fish Tossed Salad w/Tomato Cole Slaw Mixed Fruit Salad WG Roll w/Margarine Salad Dressing Lemon Juice pk Milk	Philly Steak w/Cheese Potato wedges Vegetables blend Wheat Sub Bun Fresh Fruit Salad Milk
Sloppy Joe Diced Potatoes Winter Blend Vegetables Wheat Bun Golden Apple Milk	Meatloaf w/Gravy Mashed Potatoes Caribbean Vegetable Blend Multi-Grain Roll w/Margarine Malibu Blend Fruit Salad Milk	Salisbury Steak w/Gravy Mashed Potatoes Kyoto Vegetable Blend Hawaiian Dinner Roll Margarine Fresh Plum Milk	Buttermilk Breaded Chix O'Brien Potatoes Scandinavian Veggie Blend Potato Roll w/Margarine Birthday Cake Milk	BBQ Pork Sandwich Caribbean Blend Veggies Baked Potato Diced Pears Mini Sub Bun Margarine sour cream Milk
Boneless Chicken Wings Whole Kennel Corn Green Beans Potato Roll w/Margarine Fresh Peach Milk	Pork Chop Loin Chop Sweet Potatoes Green Beans Corn Bread w/Margarine Fresh Banana Milk	Chicken Philly w/Cheese Redskin Potatoes Green Beans Wheat Sub Bun Fresh Orange Milk	Pot Roast w/Gravy Garlic Mashed Potatoes Prince Charles Veggie Blend Wheat Roll w/Margarine Fresh Pear Milk	Macaroni & Cheese Green Beans Sliced Carrots Fresh Apple Dinner Roll w/Margarine Milk
Boneless Rib in sauce Sweet Potato Patties Riviera Blend Vegetables Whole Grain Bun Diced Peaches Milk	Meatball Sub Sandwich W/Swiss Cheese Baby Carrots Key West Vegetables Fresh Peach Sub Bun Milk	Stuffed Cabbage w/ground beef Ginger Spiced Carrots Steamed Cauliflower Wheat Rolls w/Margarine Mixed Fruit Cup Milk	Pulled BBQ Chicken Ranch Potato Wedges Green Beans Whole Grain Bun Green Grapes Bunch Cookie Of The Month Milk	

PLEASE CALL IN THE DAY BEFORE BY 1:00 P.M. TO SCHEDULE FOR LUNCH 810-658-1566